#### HIGH CONFLICT INSTITUTE®

the missing peace

### FOR FAMILIES®

Are you struggling with divorce or separation?

JOIN US FOR THIS COURT RECOGNIZED, AND OFTEN MANDATED, COURSE IN COMMUNICATION SKILLS.



New Ways for Families : Decision Skills course offered in Grande Prairie, Clairmont, Sexsmith, and other rural locations.

#### "PEOPLE SKILLS

#### THAT LAST A LIFETIME."

#### Email: familyresiliencymentor@gpfes.com for inquires.

Look for updates to our Eventbrite page for location & dates. Register with our QR code below :







# **FOUR** COMMUNICATION SKILLS BIG SKILLS

#### **MANAGE EMOTIONS**

Interact with your audience, ask questions, and encourage participation to keep them engaged.

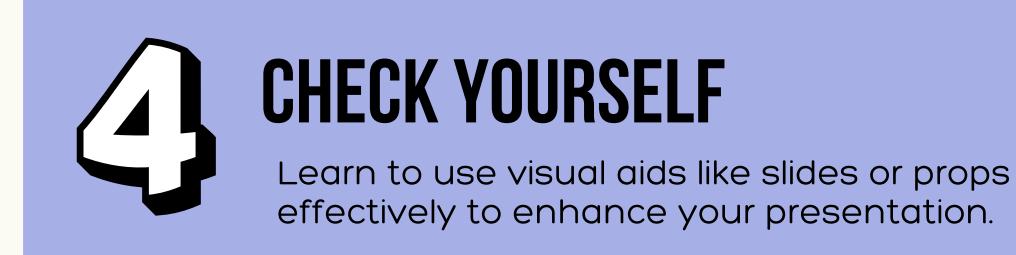


## MODERATE BEHAVIOURS

Be prepared to adapt to unexpected situations or questions, showcasing flexibility and expertise in your subject matter.



Build confidence through practice, knowledge of your material, and maintaining good posture.





### **DECISION SKILLS**