

*Death, separation or divorce, significant illness/hospitalization of a loved one, deployment, incarceration, immigration, so many more...*

## **From Hurt. Through Hope. To Healing**

# **RAINBOWS**

**Confidential, peer led 12 weekly group sessions. Share your feelings and thoughts with others your own age. Groups from ages 3-18, and adult groups too. All groups are always free and everyone is welcome.**

Groups for all ages will run at the same time, and same location so all members of the family can work on healing.

Groups start

**April 9th, 2025-June 18, 2025**

**6:30pm - 7:30pm**

Call 780-830-0920 or email [cayprograms@gpfes.com](mailto:cayprograms@gpfes.com) for information and to register

